

Independent Study Instils Self-Discipline

It teaches time-management, organisational skills, concentration skills and self-responsibility

Being Organised and Prepared

- Encourage your child to prepare their bag with what they need the night before. *Remind them that they need to pack a water bottle!*
- Check their planner to see they have completed what they need for the next day so that work is handed in on time
- Encourage them to write an up-to-date TO DO LIST ready for the morning
- Ensure your child can complete their work successfully by having a list of basic equipment that is kept at home. This should include a pen, pencil, ruler, rubber, sharpener, calculator and coloured pencils
- Encourage your child to use their planner to work out when during the week homework can be completed
- Praise your child when they have completed a task independently



A Parental Guide to Helping with Homework

*Information on doing
regular homework
effectively*

Various revision APPs and tips for effective revision strategies are available on our website.

Extra support and advice with homework is offered in the Reflection Zone.

Laptops are available on request.

- 8-8.30am
- Break times
- Lunchtimes
- After school until 4pm

The following websites are used to set homework at Crown Hills:

- MyMaths
- BBC Bitesize
- Doodle

These can be accessed via the school website.

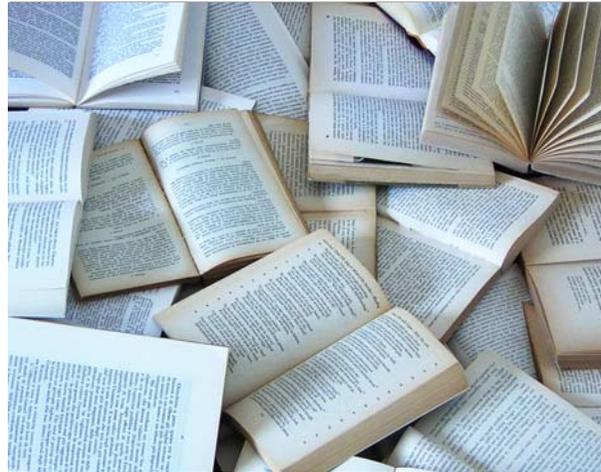
Managing Distractions



Encourage your child to complete their Homework in a quiet undisturbed room without digital distractions.

Turn off the TV, Xbox, PlayStation and other devices. Ensure their phone is in their bag and turned to silent mode!

You can drown out distractions in a noisy household by playing soft calming 'study music' that has no words.



Independent reading improves academic performance, transforms lives, informs us, transports us, empowers us, and brings us joy.

Reading everyday and at weekends will improve your child's exam results.

By reading and completing your own work such as paying bills or completing forms alongside your child, you are modelling the right work ethic.

Being Supportive

Revise and Revisit

*Did you know...
within 24 hours your child will forget 70% of what they learnt today?*



Support your child to **revisit** their learning everyday to help **retain** knowledge.

Doing a little bit of work every day will help to reduce workload and improve skills.



Studies show that most teenagers need 9¼ hours of sleep each night to function at their best