## Task 1: Understanding what an active citizen is

**Watch the following video titled ‘What is Active Citizens?’**

[https://www.youtube.com/watch?v=kiZNO_Lca8k](https://www.youtube.com/watch?v=kiZNO_Lca8k)

**After answer the following questions:**

1. **What does being an active citizen mean?**

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2. **Name one thing you’ve wanted to make a positive change to why?**

   *It might be related to school work such as being on time or completing homework to a high standard.*

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Task 2: What is Fair Trade?

We can be active citizens in our local community to our international community. One way of being an active citizen in our international community is through Fair Trade.

Read the below table to find out what Fair Trade is and then answer the following questions:

<table>
<thead>
<tr>
<th>Fair Trade Mark</th>
<th>Paying farmers in the developing world a fair and stable price for what they produce. This means that they can have more control over their lives and improve their standards of living.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fair Trade Mark</td>
<td>Is a consumer label. It guarantees that the farmers who produced the food originally were paid a fair price.</td>
</tr>
<tr>
<td>Fair Trade Mark</td>
<td>Awards the Fair Trade Mark to products that meet the agreed criteria (or standards) - in other words, products that are fairly traded.</td>
</tr>
</tbody>
</table>

Questions:

1. What is the Fair Trade Mark?

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2. Have you ever brought a Fair Trade product? What was it? Do you remember how much it was for? If you’ve never every brought one, research two different Fair Trade items.

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3. Whenever you buy Fair Trade, a percentage of the amount you paid for goes back to the people who made it. Why do you think this is a good thing?

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Task 3: Watch the following video titled ‘Playing Fair- The story of Fair Trade footballs’.
Then answer the questions to understand the impact of the work that Fair Trade do. 
There are a lot of questions so take your time!
https://www.youtube.com/watch?v=wTrFOLLvIGs

1. List two things Fair Trade make:

2. Where do footballs come from (country)?
   a) China
   b) Pakistan
   c) Taiwan

3. How much does an average football cost?

4. State one way footballs are made:

5. The Fairtrade premium allows people to get
   a)
   b)
   c)

6. What area are most footballs made?

7. How many footballs are made in Sialkot per year?

8. Did Fair Trade in Sialkot help education in any way?
9. Did Fair Trade help make clean water stations for the workers in Sialkot?

10. Why were buses invested in?

11. Which is more expensive: the Fairtrade football or the other brand?

12. Why should people buy a Fairtrade football?

13. Imagine you’re explaining what Fair Trade is to someone who has never heard of it before. Use the following space below to write a paragraph explaining your understanding of Fair Trade so fair and why it is good. As a challenge, can you identify anything bad about fair trade:

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Task 4: Read the case study about the Peck Family and answer the following questions:
‘Chocolate is made from cocoa beans, which only grow where there is a hot climate. Two thirds of the world’s cocoa is grown by ‘smallholders’ – individual farmers who work for themselves. The Peck family tell their story:’

I’m Christina Peck. We live in a small, simple cabin in Belize, Central America. Our home is basic - we have no electricity, or indoor water supply. We are cocoa farmers. It’s hard work. The crops have to be carefully tended: then, once the coca pods have been picked, the beans have to be dried. Justino has to carry a 45 kg sack of beans on his back, across two miles of rough roads. Then he has a two-hour bus journey to the warehouse, where the beans are stored before being shipped to Europe, where they’re made into chocolate for you to eat.’

‘I’m Justino. About ten years ago we were managing on the money we earned from selling cocoa beans. We could buy the basic things we needed. Then, suddenly, the price of cocoa fell, and our beans were only worth half what they had been. We had no money to buy food and clothes - things were desperate for us and our neighbours, we got together and set up a co-operative. This meant that we could work together to transport and market our cocoa, keeping costs down. But, we had to borrow money to do this and it became more and more difficult to repay our debts. Some of our neighbours had no choice but to give up, leave their land and look for work on plantations in the city.

‘Then, out of the blue, we were approached by Green & Black’s, the UK chocolate company, who wanted to buy our cocoa! They offered us a much higher price for our beans and guaranteed to pay it for three years, buying all the cocoa we produce. They used our cocoa to make ‘Maya Gold’ chocolate, the first brand to be given the fair trade mark. Now life is much better. Farmers have returned to their villages to grow cocoa. Communities are back together again.

‘We’ve used some of the money to make a concrete floor in our house - before we just had a dirt floor. We can now afford to send our children to secondary school, as well as buying them school books and shoes. We’ve planted more cocoa, because of our confidence in fair trade - it really does make a difference.’

Now have a go at answering the questions about the Peck family and their life on the following page:

1. List two basic things the Peck family do not have:
2. Why did the Peck family struggle to repay their debts?

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3. How did the Peck family benefit when Green and Black’s approached them for their cocoa?

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4. How did the Peck family use the money they earned from Green and Black’s?

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Charities and active citizenship

A charity is an organisation that collects money or other voluntary contributions to help people in need. Charities are a great way to participate in our community as an active citizenship. They are in our local communities and throughout our international community. There are lots of different charities, with many charities having different purposes they seek to help or different things they want to improve. At CHCC, we’ve supported lots of charities throughout the years and are proud that our students participate either through volunteering their time to donating money to the good causes. If you’ve ever done any of these things, you’ve been an active citizen! The pictures below are of the following charities: Comic Relief, Children in Need and Islamic Relief.

Task 5: Complete the missing words activity below to understand what each of these charities are trying to achieve.
words start off easy but get harder during each section with less help! (Hint: if you’re struggling, sound each word in the missing word space- does that word make sense?).

**Comic Relief**  *(Information adapted from [https://www.comicrelief.com](https://www.comicrelief.com))*

“Comic Relief is a major charity based in the UK, with a vision of a just world, free from problems. They raise money to support people living incredibly tough lives. Through humour and stories of hope, people can make a massive difference. Comic Relief funds hundreds of amazing organisations who are working on the ground to support the most vulnerable people and communities in our society throughout the UK.

This includes vulnerable children and young people, people who are homeless or living in extreme poverty, women and families at risk of domestic abuse and those struggling with existing or new mental health problems.”

“Together with BBC One, Comic Relief and BBC Children in Need joined forces for the first time to present The Big Night In; an evening of entertainment like no other, raising millions to support those who need it through this crisis. The total stands at an incredible £70,653,962 including the UK government match of every penny donated. This money will go to good causes, through Comic Relief, Children in Need and The National Emergencies Trust.”

**Missing words for Comic Relief:** Hundreds, donated, extreme, raise, money, hope, causes, support, problems, vulnerable, poverty, need, tough.

**Islamic Relief:** *(Adapted from [https://www.islamic-relief.org.uk/](https://www.islamic-relief.org.uk/))*

Working across 40 countries around the world, Islamic Relief offers dignity and hope to millions through donations gained. Saving lives since 1984, the focus of this charity is to respond to disasters, raise lives and to prepare people in case disasters strikes. This faith based charity do not just work during wars, they work during natural disasters such as floods and earthquakes.

Donations sent to Islamic Relief are used in lots of different ways. Where there is an emergency, with the help of the donations, Islamic Relief can start offering aid with 72 hours of the event. Through making sure there is safety, power, medicine, food and clean water, people are not left suffering should a natural weather-related disaster affect a community.

The donations also help with preparing for the future ensuring people who are vulnerable in their communities have life-saving tools such as systems to warn people as early as possible and to help build earthquake-resistant shelters so people have a safe place to hide in a disaster.

**Missing words for Islamic Relief:** Millions, natural, future, rebuild, tools, shelter, relief, charity, donations, countries, safe.

*(The answers for the missing words activity are at the end of this booklet for you to green pen- don’t cheat though!)*
Task 6: Watch the video about Water Aid called ‘Life in Zambia’. 

https://www.youtube.com/watch?v=RujqLOpfbVs

After answer the following questions:

1. What do Water Aid want for the world?

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2. What percentage of Zambians do not have safe drinking water?

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3. If people do not have clean water, can they survive?

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4. Why is hand washing important? What does it reduce?

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Task 7: Read about the work of Water Aid and answer the following questions:

This charity helps support people in poorer countries who do not have clean drinking water or clean, sanitised areas for the showering or going to the toilet. Like Azmantun (pictured right), she walks miles and miles from her village to the nearest river under the blistering hot sun in order to get clean water her and their family. Azmantun spends 3 hours a day collecting water. They don’t have cars, so walking back with a large, heavy bucket of water is a challenge. Spilling the water happens and if someone falls, the water is wasted. All that effort for nothing! Furthermore, the water the people have taken could be dirty and infected with diseases, considering animals use the water too. Unfortunately people can become very ill.

Yet, through donations Water Aid build wells and pumps of water for people in their local villages to access clean water, laying the ground pipes so the water comes to the people. This saves people walking hours to have clean water. It also stops people from dying from drinking dirty water and spend more time doing the things they need, whether that’s taking care of their family, working or going to school and getting an education. “£2 a month for one year helps build the water pipe that brings clean water whilst £5 a month helps a school have a clean water tank. We depend on clean water so much while going about our daily routines, for drinking, cooking, washing and producing food. But can you imagine how different life would be without clean water? That’s the reality for a staggering 785 million people. People living in some of the world’s poorest communities means there is no choice but to have unclean water. This is a bad impact on the health, education and livelihoods of people.”

So next time you go to your tap for clean water, think how lucky you are in just having to walk to the kitchen to get it- not miles on end like Azmantun has to do.

Questions:

1. What does Water Aid do?

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2. Explain two struggles Azmantun has when she get water.
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3. What does a £2 monthly donations achieve?
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4. What are the 3 ways people’s lives are impacted if drinking dirty water?
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5. Describe the work of Water Aid in 5 words or less.
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Task 8: Read the following and create a poster explaining why being an active citizenship is important.

WHY IS BEING AN ACTIVE CITIZEN IMPORTANT?

It is important we keep everyone informed in society of the rights and responsibilities.

It is our world we live in so surely that means we should take care of it?

If everyone thought, ‘I didn’t make that mess, why should I clean it up?’ then we would have more mess than ever! It would be even better if we picked up our own mess- that way, we are being respectful of our surroundings and not seen to be rude or lazy for making the mess!

The same applies for being an active citizen- it is our world, our community which we have rights and responsibilities in too. Being an active citizens leads to good deeds and encourages future generations to take care of their environment even more. This can help with climate change.
Final Task- Answer the following questions to review your learning and how you could make positive change in the local community:

1. What kinds of things do people do to make the world better?

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2. What do you wish for the world?

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3. What could you do to make your wish in question 2 come true?

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   Make sure to sign and date it so when you come back to review it, you can see if you’ve made any progress on what you wish to change.
   You can always create your own version of a promise card if you don’t want to use the example below!

To help make this world a better place, I promise to

Signed:

Date:
ANSWERS FOR MISSING WORDS ABOUT CHARITIES:

Comic Relief
(Information adapted from https://www.comicrelief.com)

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